

Marlborough Lines Stadium 2000 — Group Fitness

Week of 13-19 July 2026 | Cancelled classes are shown in red with strikethrough

Mon 13 July	Tue 14 July	Wed 15 July	Thu 16 July	Fri 17 July	Sat 18 July	Sun 19 July
6:00 am Spin 45	6:30 am Eke Paihikara	6:00 am Spin 45	6:00 am Power CANCELLED	6:00 am Spin 45	7:30 am Spin 45	No classes scheduled
6:30 am Yoga <i>Programme room</i>	6:30 am Bums & Tums <i>GTS</i>	6:30 am Yoga <i>Programme Room</i>	9:00 am Pilates CANCELLED	6:30 am HIIT 30 <i>Functional Turf</i>	8:00 am Power CANCELLED	
9:00 am Spin 45	10:00 am Aquagentle	9:00 am Spin 45	10:00 am Aquagentle	9:00 am Spin 45	9:00 am Yoga <i>Programme Room</i>	
9:00 am Aquacise	10:30 am PD Powerplay <i>GTS</i>	9:00 am Aquacise	12:30 pm Spin 30	9:00 am Aquacise		
9:30 am Going for Gold <i>GTS</i>	12:30 pm Spin 30	9:00am Stretch & Flex CANCELLED	5:30 pm Core 30 <i>Functional Turf</i>	9:30 am Going for Gold CANCELLED		
12:30 pm HIIT 30 <i>Functional Turf</i>	6:00 pm HIIT <i>GTS</i>	9:30 am Going for Gold CANCELLED	6:00 pm Spin 45	6:00 pm Spin 45		
6:00 pm Power <i>GTS</i>		12:30 pm HIIT 30 <i>Functional Turf</i>				
6:00 pm Spin 45		6:00 pm Spin 45				